

Medium term planning Relationships Summer

Whole school beginning event

Whole school launch assembly based on being a good friend.
 Discussing what it means to be a good friend and what qualities good friends have.
 Children go back to class and set themselves a goal 'Be the friend you want to have.'
 Children to draw/write about what qualities and skills they will need to be a great friend to someone.
 Create a whole school display.
 Pupils to revisit assessment sheet from Autumn – see assessment sheet and guidance.

| Foundation Stage | Key stage 1 | Lower key stage 2 | Upper key stage 2 |
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| EYFS 12 sessions to include: | Year 1 and 2 12 sessions to include: | Year 3 and 4 12 sessions to include: | Year 5 and 6 12 sessions to include: |
| <p>Nursery</p> <ul style="list-style-type: none"> To explore the feeling of loss To explore feeling lonely To identify important people in our lives To identify special people in our lives To explain why we have friends To identify the qualities of a good friend To identify what makes us happy or sad To identify basic ways to use medicine correctly To explain how to manage difficult feelings To explain how and why to keep clean To identify people in their family | <p>Year 1</p> <ul style="list-style-type: none"> To identify the qualities of a good friend To explain what a compliment is and why it is important To recognise our achievements To identify places and people who make me feel safe. To explain why these places and people make us feel safe To explain why good friends are important and explore how to make new friends To understand good friendships and saying no To understand what 'bad' secrets are To explain who is in their family, while recognising families are different To explain how they have grown and changed | <p>Year 3</p> <ul style="list-style-type: none"> To identify the qualities of a good friend To identify positive thoughts and how positive thoughts can affect us To explore the concept of self-talk and identify how this can help us To identify what makes a healthy relationship and explain what makes a good friend To understand peer pressure and saying no To discuss personal boundaries To explain who is in their family, while recognising families are different If covering FGM lessons: To know you can say no to bad touch To understand that FGM is not a rite of passage If you are NOT covering FGM lessons: To understand what dementia is and how it is related to memory | <p>Year 5</p> <ul style="list-style-type: none"> To identify the qualities of a good friend To understand online pressure To explain how to use games and apps safely To understand peer pressure and saying no online To understand healthy friendships To understand how to identify good friendships To understand benefits of a growth mind-set and explain how to develop a growth mind-set To explain who is in their family, while recognising families are different To understand the physical and emotional changes that happened during puberty If covering FGM lessons: To understand the difference between culture and religion To know I have the right to say no. If you are NOT covering FGM lessons: To know the types of difficulties people with dementia may experience |

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| <p>Reception</p> <ul style="list-style-type: none"> To understand the terms fair and unfair and identify what is fair and unfair To explore different types of families To identify special people in our lives and explain why these people are special To begin to break gender stereotypes To begin to challenge gender stereotypes To explain how to use medicine safely To identify how things can change To begin to prepare for change To explain why To explain how and why to keep clean To identify people in their family change is good | <p>Year 2</p> <ul style="list-style-type: none"> To identify the qualities of a good friend To explain how to keep ourselves safe Link to PANTS rule To understand what pride is and identify what makes us proud To explain why it is important to feel proud To explain what makes us proud of other people To understand what makes a good friend To identify how we can be a good friend to others To understand emotions To explain how to talk about feelings and emotions To name private parts of their body using correct vocabulary To explain who is in their family, while recognising families are different | <p>Year 4</p> <ul style="list-style-type: none"> To identify the qualities of a good friend To understand a growth mind-set and how it can affect us To understand rights in a friendship and to explain why it is important to know these rights To understand responsibilities in a friendship and explain why it is important to know these responsibilities To understand healthy friendships and saying no To explain how to keep your mind healthy To explain who is in their family, while recognising families are different To begin to understand the basic changes that happen during puberty To begin to understand menstruation If covering FGM lessons: To understand aspects of discrimination To understand that every individual no matter what their gender should be treated with equal respect and opportunities If you are NOT covering FGM lessons: To explore how dementia affects the whole family To explore how assistive technologies can help people living with dementia | <p>Year 6</p> <ul style="list-style-type: none"> To identify the qualities of a good friend To understand how to develop positive self-talk To explore positive friendships and explain what makes a friendship successful To gain basic first aid skills To explain who is in their family, while recognising families are different To understand the physical and emotional changes that happened during puberty To understand healthy on and offline friendships If covering sex education: To understand human reproductive system If covering FGM lessons: To understand how beauty is portrayed around the world. To know I have the right to say no. If you are NOT covering FGM lessons: To know the types of difficulties people with dementia may experience To explore ways in which communities can support people living with dementia |
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End of theme whole school event

Throughout the unit, celebrate friends and kindness through an appreciation board in classrooms and in staffrooms.
 Have a secret spotter who looks out for people being kind, these people (staff and adults) are celebrated in assembly.
 Whole school to come together at the end of the theme to discuss good friends and good friendships