

Young Carers

Brentford FC Young Carers Project

The Ealing Young Carers Project provides information and advice, fun activities in school holidays, regular after school clubs, lunch clubs, and homework clubs and one to one support. The project is a chance for the young carers to have a break from their caring role and to meet other young carers who are in a similar situation. The aim is to make each club a place where young carers can have fun and support each other in a safe environment.

Phone: 0208 326 7044

Email: ksobczak@brentfordfcst.com

The Honeypot Children's Charity

The Honeypot charity offers respite breaks and outreach support to young carers and vulnerable children (aged between 5-12 years). Respite includes going to the honeypot house in New forest for the weekend providing the opportunity for young carers to interact with others and enjoy activities and time away. There is no cost to the child and their families for accessing this service.

To refer, a professional working with the child must contact the Honey Pot charity directly so they can receive the referral form. Once a form has been received, they will carry out a home visit to find out the child's likes and dislikes and how they can be best supported by the service. Please be advised that there may be a waiting list.

Phone: 02380 890 002 or 0207602 2631

Email: info@honeypot.org.uk

Useful websites and resources

Carers Trust

The Carers Trust provides information and advice specifically for carers including young carers. Information is based around rights as a carer, getting into employment carers assessments etc.

[Carers Trust Guide- Getting into employment for Young Carers](#)

[Carers Trust Guide- Know your Rights as a Young Carer](#)

Website: <https://carers.org/>

Children's Society

The children's society have a resource page providing guides and factsheets for professionals to support young carers and their families.

Website: <https://www.childrensociety.org.uk/youngcarer/resources>