

Alcohol and Substance Misuse Support

Recovery Intervention Services Ealing (RISE)

Rise offer a pathway to recovery for adults challenged by the use of drugs or alcohol. RISE provide a range of intensive community based support, treatment and rehabilitation services that are designed to meet individual needs and support the family and friends of the service user. RISE is a free and confidential service available to anyone 18 or over who lives, or is registered with a GP in Ealing.

Phone: 0800 195 8100

Website: <http://www.ealingrise.org.uk/>

Ealing Alcohol and Substance Youth (EASY)

The CRI EASY project provides specialist treatment for young people aged 10-18 in Ealing who are experiencing or at risk of experiencing problematic drug or alcohol use.

The service offers:

- Open access/drop in/Appointment based services.
- Written and verbal advice, information and support.
- Harm minimisation advice.
- Advice and support on sexual health. – Education, skills and training assessment.
- 1:1 Support/Interventions.
- Community support.
- Primary health and BBV screening. – Clinical assessment.
- Appointments at a convenient location
- Drop-in services across the borough (contact directly for more details)
- Advice and information for parents and carers
- Male and female workers
- Also provide Support to 18-24 year olds through a Young Adult Link Worker (YALW)

Phone: 07717452513

Website: <http://www.ealingrise.org.uk/about-us/services/ealing-alcohol-substance-youth/>

Email: mark.cherrington@cgl.org.uk

Men and Masculinities Programme

The Men and Masculinities programme is for men who are aware that their relationships have become distressing and damaged by their behaviour.

The programme will create a safe and supportive space to help you explore what it means to be a man, a partner and a father. We will address the impact of conflict, anger, anxiety and addiction on your relationships and help you try to rebuild the trust you have lost.

Referrals: DVAadmin@cranstoun.org.uk

Phone: 07701-373131

Email: DVAadmin@cranstoun.org.uk

Website: <https://www.cranstoun.org/service/menmasculinities-ealing/>

Women's Wellness Zone

The Women's Wellness Zone (WWZ) is a free and confidential health and wellbeing service for adults in Ealing.

They are a 'One Stop Shop' that caters for women aged 18 or over with multiple, complex needs.

They have a dedicated team of specialist staff that provide holistic and personalised care plan packages. The service works with women who are currently experiencing problems in three or more of the following areas: mental health, substance misuse, prostitution or trafficking, domestic abuse and offending behaviour.

A partnership with [CAPE](#) and HESTIA to ensure that we provide the right support for your needs, within a safe and confidential environment.

Based at 71-73 The Broadway, Southall. Call us on 0208 571 4954 or email o

Phone: 0208 571 4954

Email: wwz@cgl.org.uk

Useful Websites

NSPCC

Information for parents and carers around how to keep their children safe and aware of the risks of drugs and alcohol.

Website: <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/drugs-alcohol/>

FRANK

Website with facts on effects of drug use and also a list of types of drugs and their slang names, what to do if you are worried about a child.

Website:

[https://www.talktofrank.com/search/faqs/?f\[0\]=bundle%3Afaq&solrsort=is_votes_amount%20desc](https://www.talktofrank.com/search/faqs/?f[0]=bundle%3Afaq&solrsort=is_votes_amount%20desc)