

Activities for Children and Young people

Ealing BMX Club

Ealing BMX club is a community sports club run by volunteers, based at the BMX track next to Gurnell Leisure Centre.

They hold coached sessions for children aged 5-18 (25 with additional needs- see WINGZ BMX) every Saturday at the following times:

Experts 9.30am-11am

Novice - intermediate 11.15am - 12.45pm

Wingz BMX 11.15am- 12.45pm (inclusive sessions for children with additional needs)

Novice - beginners 1pm - 2.30pm

Cost is £5 for non-members, £4 for members and the first session is free. We provide equipment and you need to wear long trousers and a long sleeved top. Parents of primary aged children need to stay for the session.

If interested email Ealing BMX , or drop in on any Saturday.

Email: ealingbmx@gmail.com

Website: <https://ealingbmx.wixsite.com/ealingbmx>

Ealing WINGZ BMX

Part of Ealing BMX, WINGZ BMX run sessions for children and young people with additional needs.

Sessions run every Saturday at the Ealing BMX track, next to Gurnell Leisure Centre, from 11.15am-12.45pm.

Children and young people up to the age of 25 can join in, and sessions are suitable for all abilities. Parents need to stay for the session.

The first session is free and after that sessions are £4 for members and £5 for non-members. Cost includes hire of a bike, helmet and gloves. Attendees are required to wear long sleeves and long trousers.

If interested email Ealing BMX , or drop in on any Saturday.

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Website: <https://ealingbmx.wixsite.com/ealingbmx>

E.A.S.E Youth Club

E.A.S.E run youth club sessions in the local community that take place during the week. Their youth engagement team are committed to positively engaging with young people in the community and providing activities that young people can enjoy, gain life skills and build their confidence in a safe and positive environment. Sessions are term time only.

Every Thursday @ North Hanwell Baptist Church Hall, W7 1BW 6.30-8.30

Every Wednesday at High Lane Community Centre, W7 3DX, 6.30-8.30

Every Tuesday @ Gurnell Community Centre, W13 0AR 6.30-8.30

Phone: 020 8575 6139

Website: www.empowering-action.org.uk